

JOHN J. TENG, P.E.

Author of The Hero's Journey and Founder of Midlife Magazine LLC

John J. Teng's highly customized keynotes and workshops provide inspiration and hope in accepting personal challenge as the first step towards living a triumphant new life!



Attendees leave John J. Teng's programs armed with:

- Understanding that "Midlife" represents the very best phase of life.
- Recognizing the pitfalls that threaten to jeopardize your happiness.
- Harnessing untapped resources to help you achieve your goals.
- Knowing the high price of making avoidable mistakes during midlife.
- Learning how to turn your worst situations into your greatest opportunities.

John J. Teng, P.E. works as a Professional California Civil Engineer, but also has 9 years as the North American Sales Manager for a worldwide health and wellness company. John is trilingual (English, Spanish, and Mandarin Chinese) which gives him the rare ability to communicate and connect with very diverse audiences around the world. A personal tragedy in his life inspired John to found Midlife Magazine LLC to remind both men and women that the midlife phase can and should be the very best years of their lives! John leads that narrative with a well-rounded example of being a husband and father of 4 children, an Engineer, an Entrepreneur, a Philanthropist, a competitive Men's Physique athlete and an avid Ballroom Dancer.

The Hero's Journey

John's presentations are inspired from ideas in his upcoming book The Hero's Journey which he developed as part of his own recovery plan from a personal tragedy as follows:

- Debunking Midlife Myths.
- Failing in order to Succeed.
- Saving the Midlife Marriage.
- Navigating the Pitfalls of Middle Age.
- Two Most Important attributes for Midlife Success.
- Assembling a Winning Team for Your Hero's Journey.
- The Hot Zone: Where the Rise to Power meets the Fall of Temptation.
- Ten Reasons Why Midlife is the Very Best Phase of Life

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