

International speaker, renowned healer, and author **Allou Guthmiller** will show you how to discover your **“Zone of Genius”** to transform your life.



Allou speaks with a sense of urgency and has made it her mission to create a safe space for fun, interactive, and experiential programs. She creates a highly effective module to bypass the judgmental mind to uncover your hidden genius. She facilitates self-discoveries, provides multiple toolboxes, and teaches you how to harness your unique gifts and turn them into reality.

Through her presentations Allou will guide you to align with your true purpose. It is never too late to experience new levels of abundance, joy, and fulfillment, all while being the best version of YOU.



The Nine Pillars of Power: “All Roads to Success are Under Construction”

Are you operating in your Genius Zone and the commander in chief of your life, living joyfully and on track? Success starts with step one—and that is to understand who you are. Allou Guthmiller will guide you through a nine-step process to discover your unique strengths, intrinsic value, and how to identify and operate from your Zone of Genius. She facilitates and creates a safe, fun space using five creative experiential ways which help bypass the judgmental mind to uncover the true you. Allou says, “Life is about participation, which becomes an enlightening discovery; this course is an opportunity for you to see yourself in an entirely new light.” Live with authenticity by doing what you most love doing and celebrating your successes.

The Gift of Laughter: “Laughing Your Way to Mastery”

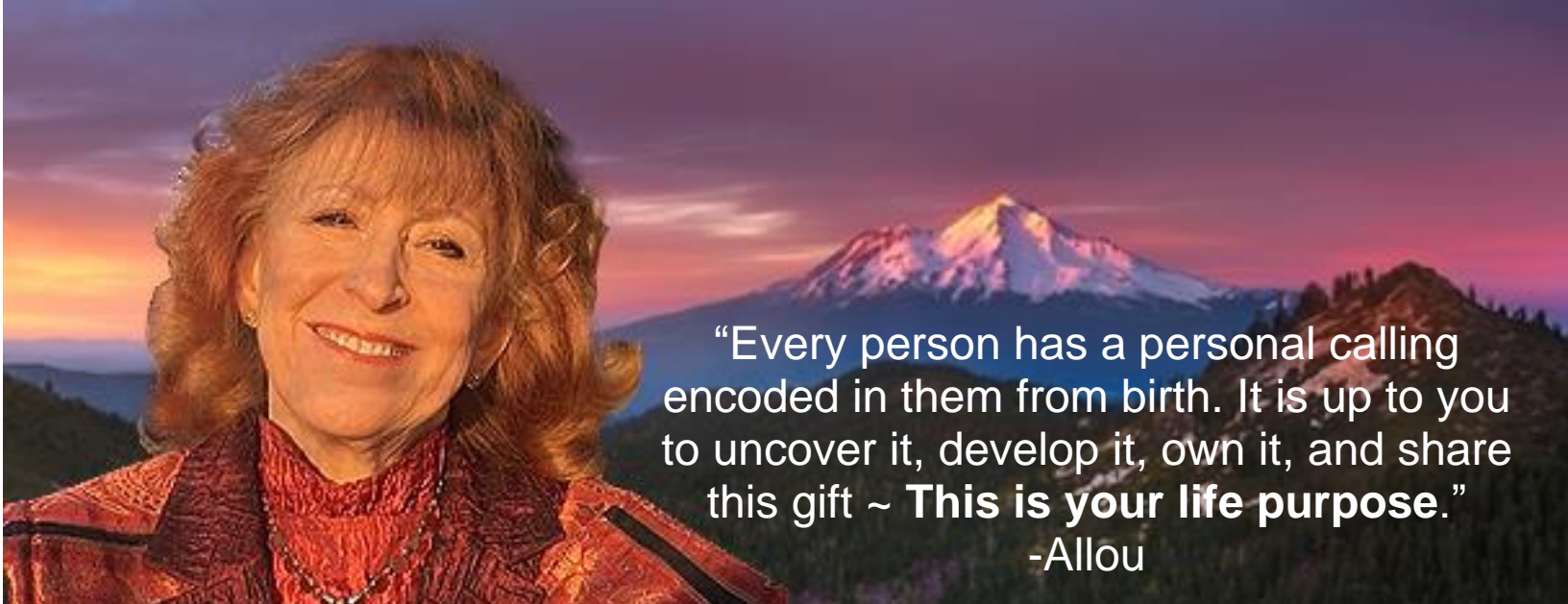
Are you all stressed up and have no place to go? Learn about twenty-five stress stoppers to combat burnout syndrome, while having fun. Fun and laughter have to be in your toolbox as burnout is real. Allou Guthmiller will share with you the power of therapeutic humor and how to use it to navigate change or feeling overwhelmed. Discover how to poke fun at your tensions and challenges with light-heartedness and laughter. As a holistic nurse, she creates a safe space as she facilitates unleashing your potential and a funtastic journey with humor. Discover how to laugh your own way to mastery, literally.



The Money Principles of Prosperity and Abundance: “Show Me the Money”

Did you know that the three most dangerous words in the English language are: “I know that,” and that your subconscious mind makes 90% of your decisions in life? The subconscious mind is our data bank that stores our beliefs, previous experience, and early memories. To move forward, you unlearn or clear up corrupted files stored in the mind that directly reflect what you attract. You will discover how your subconscious money blueprint determines your financial outlook. The good news is that through Allou’s hands-on experiential course, she will show you how to change your money blueprint to create more abundance, success, and prosperity.

You’ll leave Allou Guthmiller’s dynamic presentation ready to see yourself anew, having unveiled your true-life purpose. It will equip you with multiple toolboxes to propel you forward, energized, and reinvigorated in your personal and professional life.



“Every person has a personal calling encoded in them from birth. It is up to you to uncover it, develop it, own it, and share this gift ~ **This is your life purpose.**”

-Allou

What Others Are Saying

“Thank you for your three-day workshop, your insights, and carefully crafted teaching modules. Not only inspirational but evoke mirth and merriment, making self-discovery and learning easier. Your skillset should be available to people worldwide as I believe it would fill a missing gap.”

—Val Sandford, Mannatech Presidential & Founder of Cobden Center, Hamilton, New Zealand

“The District of Columbia Nurses Association wishes to thank you for making our Leadership Retreat a success. It was the best retreat we’ve ever had. I get bored easily, and the program kept my attention all day.”

—Karen Scipio Skinner, MSN RNC, Education Coordinator, District of Columbia Nurses

“... Everyone in attendance enjoyed the workshop but, more importantly, learned much about themselves, their co-workers, and working as a team to assure success. You have a great gift for getting points across in creative, fun ways!”

—Maureen McCleary, Director, Division of Epidemiology and Disease Control, Prince George’s County Health Department

About Allou Guthmiller

An experienced professional trainer and speaker to the public and private sectors; she has designed, developed, and implemented various educational formats for senior and mid-level managers, trainers, and employees.

Over 30 years of international holistic wellness experience puts Ms. Guthmiller R.N. on the cutting edge of personal empowerment and wellness for the 21st century. In addition to television guest appearances, she designed and delivered an Effective Living Series for the McGraw-Hill Associate Degree curriculum.

She is a catalyst for personal transformation and an internationally known healer. Her publications include...

Leadership, Insights, Values, Laughter, Self-Care, and Action Plans.

Book Allou today for a keynote, workshop, and retreat (1/2 day, full-day & 2-5 days) will customize to fit your requirements.

Allou@ClaimYourPowerToHeal.com

808-366-4389

ClaimYourPowerToHeal.com

